

FURTHER TRAINING FOR TEACHERS TERMS AND CONDITIONS

Personal belongings:

Retreat Yoga Studio cannot accept liability for any damaged, lost or stolen personal items.

Your data:

By creating an account on retreatyogastudio.co.uk (operated by MindBodyOnline) you are automatically opted in to receive emails or push notifications such as appointment, workshop reminders and newsletters. You can opt out of our newsletters or disable push notifications via the app at any time. To know more about how we collect, store and use your data please see our Privacy Policy.

Cancellations:

Deposits are non-refundable, unless the training is cancelled or postponed. If the student is unable to attend the training due to illness or injury, their deposit can be used for future trainings upon presenting a doctor's letter.

Payments:

Full payments are required before the start of the training. Payment plans that have been negotiated must be honoured and completed by the training start date.

Attendance:

Students should attend all sessions, unless previously discussed with the teacher. Students should arrive 10 minutes before the start of the session and notify the teacher or studio if they are running late. Depending on the nature of the session, late comers might not be admitted.

Health (including mental health) & Injuries:

The student acknowledges that neither the instructor, nor Retreat Yoga Studio is liable for any injury, or damages to person, resulting from the taking of this training.

It is the responsibility of the student to inform the teacher of any injuries or changes in health at the start of class. Yoga is not a substitute for medical attention and the student should consult a medical professional prior to beginning any activity programme such as yoga. The student should notify the teacher of any health issues, mental or physical which might affect a physical practise or hands-on and/or partner work.

If at any time during the class, the student feels discomfort or strain, they will come out of the posture and notify the instructor. It is important in yoga that you listen to your body, and respect its limits on any given day.

Surgical procedures: It is the responsibility of the student to inform the teacher of any operations or surgical procedures in the past six months. Teachers have the right to refer students back to their GP. If you would like to discuss any health issues prior to starting a yoga practice please contact hello@retreatyogastudio.co.uk

Pregnant or post-partum: Students who are pregnant or have given birth within the last three months must inform the teacher before committing to training.

Hands-on work, partner work, and team work: this work requires a level of sensitivity, self insight, and a boundaried, respectful way of working with touch.